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## **ChrisMannDivine (CMD) Restrictive Procedures Policy & Procedure**

Effective Date: 2/26/2025

Reviewed & Approved By: Christiana Akoi

### **Purpose**

The purpose of this policy is to ensure that CMD adheres to 55 PA Code Chapter 6100, Section 6100.342, regarding the appropriate and limited use of restrictive procedures. CMD is committed to upholding the rights, dignity, and well-being of individuals receiving services while maintaining a safe and supportive environment.

### **Scope**

This policy applies to all CMD employees, contractors, and individuals receiving in-home and community support services. It governs the use of restrictive procedures in emergency situations and outlines procedures for documentation, review, and oversight.

### **Policy on Restrictive Procedures**

#### **1. Prohibition of Certain Restrictive Procedures:**

CMD does not use seclusion, pain compliance, prone restraints, or any procedure that violates an individual's rights under ODP guidelines.

Restrictive procedures may only be used as a last resort when an individual poses an immediate danger to themselves or others.

#### **2. Permitted Use of Restrictive Procedures:**

Restrictive procedures may only be used in emergency situations when less restrictive interventions have failed.

Staff must first attempt de-escalation techniques, positive behavior supports, and other interventions before considering restrictive procedures.

### **3. Authorization for Use:**

Only trained and authorized personnel may implement restrictive procedures.

A Supervisor or Behavior Specialist must approve the use of a restrictive procedure and document the incident immediately.

In cases requiring physical intervention, staff must receive prior training in Crisis Prevention Intervention (CPI) or equivalent de-escalation techniques.

### **4. Monitoring & Control Mechanism:**

Every use of a restrictive procedure must be documented in detail, including:

The behavior that led to the procedure

Alternative strategies attempted

The duration and nature of the procedure

The individuals response and outcome

Incident reports must be submitted to CMD's Compliance Officer and reviewed within 24 hours.

A Behavior Support Plan review will be conducted if restrictive procedures are used more than once.

### **5. Reporting & Compliance:**

All instances of restrictive procedures must be reported to ODP as required under 55 PA Code Chapter 6100.349.

The Human Rights Committee will review all restrictive procedure cases to ensure compliance with state regulations and ethical standards.

### **Training Requirements**

All direct support professionals (DSPs) must complete ODP-approved training on de-escalation and restrictive procedures.

Training must be renewed annually, with additional crisis intervention refreshers as needed.

### **Corrective Actions for Non-Compliance**

Unauthorized use of restrictive procedures will result in immediate investigation and possible disciplinary action, including termination.

CMD will take corrective measures to retrain staff and prevent future violations.

### **Conclusion**

CMD is dedicated to providing safe, respectful, and effective services while minimizing the use of restrictive procedures. This policy ensures compliance with 55 PA Code Chapter 6100 and reinforces CMD's commitment to protecting individual rights.

Approved By: Christina Akoi

Date: 2/26/2025